



*Kundalini Yoga*  
*Teacher Training Level 2*

**Mind and meditation**

*With Shiv Charan Singh & Satya Kaur*

12-17 février 2015

## The teachers

**Shiv Charan Singh and Satya Kaur**



## Teacher training Level 2 :

Develop the inner growth and personal discipline of a truly excellent teacher

Building on the foundation of Level One, Level

Two Teacher Training is about personal transformation and deepening the core capacities, character and consciousness of a Kundalini Yoga teacher.

In this level, the Instructor cultivates the yogic capacities of intuition, neutrality and self-assessment within the five mirrors of consciousness:

- Conscious Communication – Uplift and penetrate through the power of the word.
- Mind and Meditation – Conquer the mind and conquer the world.
- Authentic Relationships – Unfold your true identity in the matrix of conscious relationship.
- LifeCycles and LifeStyles – Discover mystery and mastery through every cycle of life.
- Vitality and Stress – Cultivate the caliber to guide yourself and others through life's challenges.

## Dates

From 12 to 17 february 2015

Arrival 11th evening departure 17th afternoon

## Place

We will stay at Espace Rivoire (01-France) At 1H from Lyon and Genève airports  
Possible shuttle from the stations of Bourg-en-Bresse or Nurieux.

<http://www.espacerivoire.fr/>

## Price

720€ if registration before 20th december, 770 € after

price includes teaching fees, accomodation, manual and DVD

For registration, please send the registration form (ask for it by email) and 200€ of account by bank transfer to Association Narayan

IBAN : FR7613825002000877157611990

BIC: CEPAFRPP382

## Contact

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