

Kundalini Yoga Teacher training – Level 2

Vitality and stress

8-14 february 2023

Shiv Charan Singh and Sat Mitar Kaur



Level 2 will help you develop your excellence as a teacher by supporting your inner growth through your personal practice, the group process, interactive discussions and deep meditations.

Teachings are given in english and french (english and french translation)

Dates and place

8-14 february 2023. Arrival 8th afternoon, departure 14th afternoon

Residential at L'Arche de Saint Antoine (Saint Antoine l'Abbaye 38160), www.arche-de-st-antoine.com.

Price and registration

Full price : 890€, early bird price : 830 € before 31 december 2021. Includes teachings, full board accomodation, manuals and videos.

Teaching fees (560€ or 500€) or deposit will be paid following the link below. Accomodation (330€) will be paid directly to l'Arche de saint Antoine.

Registration following the link :

<https://www.helloasso.com/associations/yoga-san-fe/evenements/inscription-formation-niveau-2>

The deposit of 260€ (full price) or 200€ are non refundable.

Paiement du solde en ligne avant le début du stage.

More informations:

Sat Mitar Kaur (lead trainer) - maria_sat5@yahoo.fr



