

Kundalini Yoga Teacher training – Level 2

Conscious communication

7-13 february 2024

Shiv Charan Singh and Sat Mitar Kaur



Level 2 will help you develop your excellence as a teacher by supporting your inner growth through your personal practice, the group process, interactive discussions and deep meditations.

Teachings are given in english and french (english and french translation)

Dates and place

7-13 february 2024. Arrival 7th afternoon, departure 13th afternoon

Residential at L'Arche de Saint Antoine (Saint Antoine l'Abbaye 38160), www.arche-de-st-antoine.com.

Price and registration

Full price : 890€, early bird price : 830 € before 31 december 2023. Includes teachings, full board accomodation, manuals and videos.

Teaching fees (560€ or 500€) or deposit will be paid following the link below. Accomodation (330€) will be paid directly to l'Arche de saint Antoine.

Registration following the link :

<https://admin.helloasso.com/yoga-san-fe/evenements/formation-niveau-2-2024-teacher-training-level-2-2024/diffusion>

The deposit of 260€ (full price) or 200€ is needed for registration and is non refundable.

Payment will be completed online before the beginning of the workshop

More informations:

Sat Mitar Kaur (lead trainer) - maria_sat5@yahoo.fr

